



# St Andrew & St Mark Surbiton

Sunday 1<sup>st</sup> August 2021  
Ninth Sunday after Trinity

We are currently offering in-person and online services. To join these services please check the details below. For Zoom codes please see your weekly email or contact the parish office. Facebook Live is at <https://www.facebook.com/SurbitonChurch>

## Sunday 1<sup>st</sup> August 2021

**8am BCP Communion in person at St Mark's Church – no need to book. Also livestreamed on Facebook Live.**

**9.15am Family worship in person at St Mark's Church – no need to book.**

**11am Parish Eucharist – no need to book but please check in on the QR code. Livestreamed via Zoom.**

**During August there are no evening services on Sundays or mid- week on Thursdays.**

## Mid-week services

**Morning prayer** will be said and livestreamed on Facebook Live on Tuesday(8:50) and on Wednesday(8:30) and Thursday (8:30).

**Thursday mornings** 10:30am BCP Communion at St Mark's in person- no need to book.

**Fridays** 8:30am BCP Communion at St Andrew's in person – no need to book – also livestreamed on Facebook Live.

# Stay Connected

with St Andrew and St Mark Church

## How can I get in touch?

**Robert and Michael and Janet can be contacted via email or phone. Please use the details below.**

The Rev'd Robert Stanier                      020 8399 0639  
or 07949268236

Vicar    [robertstanier@btinternet.com](mailto:robertstanier@btinternet.com)

The Rev'd Michael Johns-Perring              07748455773  
Curate

[sasmscurate@outlook.com](mailto:sasmscurate@outlook.com)

The Rev'd Janice Price                              07908852474  
Curate    [sasmsdeacon3@gmail.com](mailto:sasmsdeacon3@gmail.com)

**The parish office is open at St Mark's Church on Tuesday & Thursday mornings only, please make an appointment or get in touch by email.**

Clare Chesterman  
Parish Administrator                              02083909129  
[sasms@btinternet.com](mailto:sasms@btinternet.com)

## How can I stay in touch?

As things are currently so changeable it is even more important to stay in touch to know what is happening at St Andrew & St Mark. We send a weekly email on a Friday afternoon which contains all you need to know about our Sunday services with online codes, plus information about our midweek services and events. **To receive this email please contact the parish office.**

**Parish website:** [www.surbitonchurch.org.uk](http://www.surbitonchurch.org.uk)

**Parish Facebook:**  
[www.facebook.com/SurbitonChurch](https://www.facebook.com/SurbitonChurch)

**Twitter:**  
[@Surbiton\\_Church](https://twitter.com/Surbiton_Church)

To donate to church funds given the absence of a collection in our virtual services, if you have on-line banking, you can set up a regular or one-off payment using the following details: **Payee: The PCC of St Andrew and St Mark, Surbiton. Sort code: 40-52-40. Account number: 00028530.**

If you do not have access to on-line banking then you can send a cheque to the Parish Office payable to the 'PCC of St Andrew and St Mark, Surbiton'. You can also make a one-off donation or a regular donation on our website through the Donate button.

Please visit: <https://surbitonchurch.org.uk/about-us/giving/>

**Opening Hymn Christ is the King! O friends rejoice**

**Collect**

Almighty God,  
who sent your Holy Spirit  
to be the life and light of your Church:  
open our hearts to the riches of your grace,  
that we may bring forth the fruit of the Spirit  
in love and joy and peace;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**First Reading Exodus 16.2-4,9-15  
Reader**

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, 'If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.' Then the Lord said to Moses, 'I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.

Then Moses said to Aaron, 'Say to the whole congregation of the Israelites, "Draw near to the Lord, for he has heard your complaining." ' And as Aaron spoke to the whole congregation of the Israelites, they looked towards the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, 'I have heard the complaining of the Israelites; say to them, "At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God." '

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, 'What is it?' For they did not know what it was. Moses said to them, 'It is the bread that the Lord has given you to eat.

**Second Reading Ephesians 4.1-16  
Reader**

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all.

But each of us was given grace according to the measure of Christ's gift. Therefore it is said, 'When he ascended on high he made captivity itself a captive; he gave gifts to his people.' (When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

**Gospel**

**John 6:35,41-51**

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' Jesus answered them, 'Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

**Sermon Rev'd Carole Bourne**

**Intercessions Janet Jones**

**Communion Hymn Bread of heaven, on thee we feed**

**Notices**

**Final Hymn Glorious things of thee are spoken**

**For your prayer:**

*God of compassion,  
be close to those who are ill, afraid or in isolation.  
In their loneliness, be their consolation;  
in their anxiety, be their hope;  
in their darkness, be their light;  
through him who suffered alone on the cross,  
but reigns with you in glory,  
Jesus Christ our Lord.*

**Amen.**

**For prayer:** Sadie Beesley Nancy Vlasto John Fowler  
Rita Burrows Sue Paine Jean Webber

**For this week, please pray for:**

**St James, Ministry Team, people working in our local shops and businesses, key workers, new treatments for COVID-19, relaxation of lockdown rules for a more prudent purchase and use of food so that none is thrown away**

*Patient God, thank you for the many blessings you have given us. As we embrace the future, we ask for the guidance and strength of your Spirit for those uncertain how to use their time, talents and gifts.*

**These prayers are taken from our monthly prayer card which you can access on our website under Pew sheets tab or collect a copy from church.**